

FBISD SHAC 2021-2022

Oct. 13, 2021 Meeting Minutes

I. Welcome & Theme: SHAC's Role in Wellness Program Development & Assessment

Melanie opened the meeting and showed the attendees how to navigate to VHS to find stress toolkit and breathing exercises. Briefly went through "Hot Chocolate" breathing exercise.

Melanie welcomed new member, Brett Lemley (FBISD Assistant Superintendent for Secondary Education)

Shac has a role in wellness program development & assessment before & after goals end up in the Campus Improvement Plan

II. National School Lunch Program in FBISD (Julia Jarrell, RD, FBISD Child Nutrition)

Top priority of Child Nutrition is making sure kids have food everyday.

>Julia went through Menu Planning Process: (see slides)

*considerations

*Nutritional guidelines (My Plate/My Tray)

*part of process is nutritionally analyzing the menu and tweaking when necessary to ensure they fall in nutritional guidelines

>Julia led an activity about determining reimbursable meals

*must have ½ cup fruit or vegetable and 2 other full components

*don't force students to take food—don't want to increase food waste if students won't eat it and also want to teach students to have healthy views about food and eating what they need, not forced

>guidelines come from US Department of Agriculture and Texas provides overview & guidance and performs audits

>Funding

*Child Nutrition department is self-funded-no local property tax money goes to this department

*Funding comes from local sources (Bank interest, vendor rebates, concessions/a la carte sales), State (matching funds account for about 5%), Federal (reimbursement for meals and commodity in form of food)

*Reimbursed at the free rate which is \$3.66/meal

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>Bid Process

- *Part of Co-op which includes over 30 districts in the area
- *Allows buying power
- *decreases procurement labor
- *best value
- *widespread student testing
- *collaborative community-give/get feedback & advice to/from others in co-op
- *must commit to items on bid which has been a bit of a challenge this year
- *must follow timeline of the group

>Timeline

- *Oct-getting feedback for next year's menu, student taste tests, internal planning (no food fair this year)
- *Nov. plan menus
- *May-order for next year since staff doesn't work over summer
- *Sept. adjust menu as needed (extreme circumstances)

>Department has about 600 employees when fully staffed. These are things they do:

*community outreach, process meal applications, collaborate for wellness policy review, health curriculum committee, approve fundraisers, provide dietary accommodations for free (ex. Lactose free), student engagement (social media, contests, nutrition education)

>Successes this year

- *feeding all students for free with reimbursable meals
- *farm fresh art contest
- *you art what you eat contest
- *National school lunch week celebrations
- *Harvest of the month (first time since COVID)
- *farm to school month
- *culinary classroom visits
- *student taste tests
- *adapted menu to this year's challenges (supply chain and labor)

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QUESTIONS:

Allison Thummel-Can you explain Smart snacks?

*Smart snacks are the a la carte program and a revenue source

*have to follow nutrition guidelines

*fundraisers are required to follow smart snacks guidelines

Cathy Hunter-How are the challenges communicated to parents?

*Peach Jar, principal newsletter, social media (Melanie added- Shac & Liaisons can be a resource) created flyer about the challenges but needs district approval before it can be distributed

III. **Review of Campus Wellness Assessment Criteria & Current State of Campuses-Lori Sartain**

>In 2014 Healthy Hungry Free Kids Act was passed which required add districts to have FFA local policy/wellness plan in place by June 2016—impacted CND & PE

>Components of policy

*Nutrition Education

*Nutrition promotion

*Physical activity

*other school-based activities

>FBISD Wellness assessment/recognition

*reward format/checklist

*principals work with the wellness committee to assess and use that info in the summer planning to focus on areas of improvement

>Campus Wellness Assessment sections

*Campus wellness committee

*health education

*nutrition education

*nutrition promotion

*physical activity/physical education (required minutes/PE 2x per week/135 minutes required in elementary/5 semesters of PE and 1 of health required in Middle school)

*recess (elementary only-not required by state, but FBISD requires—have recess policy and guidelines)

*breakfast and lunch (10 min for breakfast and 20 min for lunch)

*other site-based activities (mental health/wellness for parents and students)

>FBISD Wellness Award-Schools are recognized as Gold, Silver, Bronze based on their answers on the Campus wellness assessment

>Grows by Area (see slides)

>Each year, every campus does an assessment—SHAC has resources available in the VHS for campuses to access to help them with areas they are working on

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IV. Approve minutes Sept. 8 meeting-Cathy Hunter

>Julia Jarrell made motion, Lori Sartain seconded

>members voted in chat

>motion passed

V. Brain Break -Melanie Anbarci

VI. Breakout Sessions - Elementary, Middle & High school Assessing Campus Wellness - Campus Wellness Survey

Melanie Anbarci

a. What level is your campus? Parents, does this level correlate with your experience?

b. Where can your campus improve? Ideas for ways to improve?

c. How can you or your organization support a campus to reach these goals?

- Having a level of accountability & celebration approach.
- Secondary schools-physical health activity.
- If we had accountability and show deliverables & show other campuses.
- What deems a “yes” as a “yes” response? Interpretation of line items.
- PTO & using these organizations to get campuses involved. Tie in a wellness component to each PTO/PTA meeting.
- Ask for student engagement in the Wellness Assessment process.
- Liaisons are parent to bring info back & forth-parent to sit on Campus Wellness Committee.
- Improve communication between community members & wellness committee-central communication.

d. Suggestions for improving assessment survey or process?

*include students, Campus Wellness Committee & meet on regular basis; having a SHAC liaison for each campus.

VII. Angie Hanan- BOT/SHAC representatives

Extend gratitude for those serving for SHAC

Hope to support in any way she can—feel free to reach out to her with any questions

VIII. Announcements

Stephanie Kellam

Addressing Food Insecurity

Family and Community Engagement subcommittee was looking for hands-on way to help the community as activities this year. The subcommittee is collecting needed items for Shared Dreams. You can help by doing a food drive or set one up at your campus or church.

Nov-Shared Harvest program for Shared Dreams

Dec.-Holiday Cheer program for Shared Dreams

Oct. 23-National Drug Take Back Day 10-2 FBISD Admin Building

Oct. 23-31 Red Ribbon Week

Nov. 5 at 11:30-Grant Writing Training Session

Free Webinars

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Melanie-Wellness calendar

<https://docs.google.com/presentation/d/1MN9RtNOT2bkbrkXdurvQJCBCPxzkQIOH/edit?usp=sharing&oid=109503239757383061706&rtpof=true&sd=true>

IX. Meeting Closure

Melanie Anbarci, SHAC Chair

General Attendance for 10/13/21

1. Julia Jarrell- FBISD Child Nutrition
2. Rocaille Roberts, Parent Member
3. Kim Taylor Health and PE
4. Stephanie Kellam, UHC, Community Member
5. Laura De La Rosa - MD Anderson Cancer Center - Community Alliances
6. Marie Jacinto, AVDA (Aid to Victims of Domestic Abuse)
7. Rachael Susaneck-Conegie-FBISD Parent Educator, Glover Elementary
8. John Puder - Baylor Collaborative on Hunger and Poverty (formerly Texas Hunger Initiative)
9. Rosylyn West Parent Educator, Marshall High School
10. LaDonna Green- Behavioral Health & Wellness
11. Erin Weaver, RN-Palmer ES
12. Grace Carroll- FBISD Child Nutrition Dietetic Intern
13. Aneela Khan-HOPE Clinic representative & parent
14. Ami Dharia, SMS parent rep
15. John Reyes, Prevention and Education Manager, Aid to Victims of Domestic Abuse. Community Partner
16. Pilar Westbrook Executive Director of SEL and Comprehensive Health FBISD
17. Steve Shiels, FBISD Behavioral Health and Wellness
18. Dana Tran, SHAC Parent
19. Mandi Kimball- Parent and CHILDREN AT RISK
20. Sandy Bristow, Program Director Oliver Foundation
21. Andrea Beckert WBE Parent Educator
22. Allison Thummel, FBISD Parent & SHAC Vice Chair
23. Douglas Turner PE Teacher Heritage Rose Elementary
24. LeKeya Weir, Sienna Crossing Parent and School Nurse at Malala Elementary
25. Payal Patani, Fort Bend Community Prevention Coalition
26. Cathy Hunter Parent RPHS
27. Kerstie Nichols, Child Hunger Specialist, Baylor Collaborative on Hunger and Poverty (Formally Texas Hunger Initiative) Kerstie_Nichols@baylor.edu
28. Lori Sartain - Behavioral Health & Wellness
29. Tyenise Blackmon, Parent - Dulles Elem, MS, and HS
30. Jennifer Atsbaha, Parent - MGE
31. Jenna Ross, FSMS and CHS Parent and Liaison Coordinator
32. Rosy Martinez - FBISD's SEL and Enrichment Coordinator
33. Tiffany Ireland- FBISD Child Nutrition Assistant Director of Business

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34. Pearl N. Lam, parent DHS
35. Kristen Damborsky RN Hunters Glen Elementary School / Hunters Glen Early Literacy Campus
36. Angela Espinosa (Espi) - SEL Coordinator
37. Kara Ihedigbo, Healthy Living Matters
38. Stephanie Brown, Member - Marshall HS Feeder Community/stakeholder
39. Doug Earle Community member
40. Andreas Berghoefer, SHAC Parent
41. Clarence Gray, Ft Bend County Master Gardeners (YAC)
42. Matt Antignolo - Child Nutrition
43. Nomita Bajwa-Community member (Wellness Geeks)
44. Grayle James, community member
45. Jigisha Doshi, SHAC Parent & Membership Chair
46. Ralena Glover - TMHS PTO
47. Tami Stout, parent
- 48.

Membership Attendance 10/13/21

Doug Earle COMMUNITY,
Grayle James Community,
Kara Ihedigbo Community,
Payal Patani COMMUNITY,
Sandy Bristow COMMUNITY,
Stephanie Brown COMMUNITY,
Stephanie Kellam COMMUNITY,
Angela Espinosa District,
Julia Jarrell DISTRICT,
Kim Taylor District,
Lori Sartain DISTRICT,
Pilar Westbrook District,
Steve Shiels District,
Allison Thummel PARENT,
Ami Dharia Parent,
Cathy Hunter PARENT,
Dana Tran PARENT,
Desiree Collins Bradley Parent,
Jenna Ross PARENT,
Jigisha Doshi PARENT,
Melanie Anbarci PARENT,

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Pearl Lam PARENT,
Rocaille Roberts PARENT,
Tami Stout PARENT,
Tammy Bush Parent,
Tyenise Blackmon PARENT

MEETING CHAT RECORD

12:00:43 From Jigisha Doshi to Everyone:
Good morning everyone!!! Please state your name and affiliation for attendance

12:00:59 From Julia Jarrell to Everyone:
Julia Jarrell- FBISD Child Nutrition

12:01:09 From rroberts to Everyone:
Rocaille Roberts, Parent Member

12:01:25 From Kim Taylor to Everyone:
Kim Taylor Health and PE

12:01:30 From Stephanie Kellam to Everyone:
Stephanie Kellam, UHC, Community Member

12:01:36 From Laura De La Rosa to Everyone:
Laura De La Rosa - MD Anderson Cancer Center - Community Alliances

12:01:38 From Marie Jacinto, AVDA (Aid to Victims of Domestic Abuse) to Everyone:
Marie Jacinto, AVDA (Aid to Victims of Domestic Abuse)

12:01:41 From Rachael Conegie-PE Glover to Everyone:
Rachael Susaneck-Conegie-FBISD Parent Educator, Glover Elementary

12:01:43 From John Puder to Everyone:
John Puder - Baylor Collaborative on Hunger and Poverty (formerly Texas Hunger Initiative)

12:01:49 From Rosylyn West (PE Marshall HS) to Everyone:
Good afternoon. Rosylyn West Parent Educator, Marshall High School

12:01:53 From ladonna.green to Everyone:
LaDonna Green- Behavioral Health & Wellness

12:01:53 From Erin.Weaver to Everyone:
Erin Weaver, RN-Palmer ES

12:01:54 From Grace to Everyone:
Grace Carroll- FBISD Child Nutrition Dietetic Intern

12:01:58 From Aneela Khan to Everyone:
Aneela Khan-HOPE Clinic representative & parent

12:02:07 From Ami Dharia's iPhone to Everyone:
Ami Dharia, SMS parent rep

12:02:10 From John Reyes to Everyone:
John Reyes, Prevention and Education Manager, Aid to Victims of Domestic Abuse. Community Partner

12:02:15 From Pilar Westbrook to Everyone:
Pilar Westbrook Executive Director of SEL and Comprehensive Health FBISD

12:02:23 From Steve Shiels to Everyone:
Steve Shiels, FBISD Behavioral Health and Wellness

12:02:25 From Dana Jo Tran to Everyone:
Dana Tran, SHAC Parent

12:02:28 From Mandi Kimball to Everyone:
Mandi Kimball- Parent and CHILDREN AT RISK

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- 12:02:41 From Sandy Bristow to Everyone:
Sandy Bristow, Program Director Oliver Foundation
- 12:03:04 From andrea.beckert to Everyone:
Andrea Beckert WBE Parent Educator
- 12:03:30 From Allison Thummel, RD,LD to Everyone:
Allison Thummel, FBISD Parent & SHAC Vice Chair
- 12:03:42 From Douglas.Turner to Everyone:
Douglas Turner PE Teacher Heritage Rose Elementary
- 12:03:51 From LeKeya Weir to Everyone:
LeKeya Weir, Sienna Crossing Parent and School Nurse at Malala Elementary
- 12:03:55 From Fort Bend Community Prevention Coalition to Everyone:
Payal Patani, Fort Bend Community Prevention Coalition
- 12:03:57 From Cathy Hunter to Everyone:
Cathy Hunter Parent RPHS
- 12:04:08 From Kerstie Nichols to Everyone:
Kerstie Nichols, Child Hunger Specialist, Baylor Collaborative on Hunger and Poverty (Formally Texas Hunger Initiative)
Kerstie_Nichols@baylor.edu
- 12:04:13 From FBISD SEL Admin Team to Everyone:
Lori Sartain - Behavioral Health & Wellness
- 12:04:40 From Tyenise Blackmon to Everyone:
Tyenise Blackmon, Parent - Dulles Elem, MS, and HS
- 12:05:16 From Stephanie Kellam to Everyone:
Love Hot Chocolate Breathing!
- 12:05:21 From Jennifer Atsbaha to Everyone:
Jennifer Atsbaha, Parent - MGE
- 12:05:35 From Jenna Ross to Everyone:
Jenna Ross, FSMS and CHS Parent and Liaison Coordinator
- 12:05:55 From Rosy Martínez to Everyone:
Rosy Martinez - FBISD's SEL and Enrichment Coordinator
- 12:06:51 From Tiffany.ireland to Everyone:
Tiffany Ireland- FBISD Child Nutrition Assistant Director of Business
- 12:08:11 From Pearl Lam to Everyone:
Pearl N. Lam, parent DHS
- 12:09:20 From Kristen Damborsky to Everyone:
Kristen Damborsky RN Hunters Glen Elementary School / Hunters Glen Early Literacy Campus
- 12:09:37 From Angela Espinosa to Everyone:
Angela Espinosa (Espí) - SEL Coordinator
- 12:10:02 From Kara lhedigbo to Everyone:
Kara lhedigbo, Healthy Living Matters
- 12:12:26 From Sam MeansBrown to Everyone:
Stephanie Brown, Member - Marshall HS Feeder Community/stakeholder
- 12:13:01 From Doug Earle to Everyone:
Doug Earle Community member
- 12:14:53 From Andreas Berghoefer to Everyone:
Andreas Berghoefer, SHAC Parent
- 12:17:10 From Clarence to Everyone:
Clarence Gray, Ft Bend County Master Gardeners (YAC)
- 12:18:23 From Tyenise Blackmon to Everyone:
No meal
- 12:18:31 From Kim Taylor to Everyone:
no
- 12:18:33 From FBISD SEL Admin Team to Everyone:
No

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12:18:34 From Rosy Martínez to Everyone:
No meal

12:18:36 From Jenna Ross to Everyone:
No

12:18:39 From Sandy Bristow to Everyone:
no

12:18:39 From John Reyes to Everyone:
no

12:18:41 From Tiffany.ireland to Everyone:
yes

12:18:41 From Marie Jacinto, AVDA (Aid to Victims of Domestic Abuse) to Everyone:
yes

12:18:41 From rroberts to Everyone:
nope

12:18:42 From Angela Espinosa to Everyone:
no

12:18:44 From Grace to Everyone:
yes

12:18:44 From John Puder to Everyone:
No

12:18:46 From laney rivera 7th to Everyone:
yes

12:18:47 From Fanni Rodriguez to Everyone:
no

12:18:51 From Laura De La Rosa to Everyone:
no

12:18:55 From Rosylyn West (PE Marshall HS) to Everyone:
no

12:18:57 From Tyenise Blackmon to Everyone:
Huh?

12:19:16 From Tyenise Blackmon to Everyone:
Oh....I thought you needed a fruit AND vegetable

12:19:24 From Rosy Martínez to Everyone:
Me too

12:19:52 From Angela Espinosa to Everyone:
no

12:19:55 From Marie Jacinto, AVDA (Aid to Victims of Domestic Abuse) to Everyone:
no

12:19:55 From Tyenise Blackmon to Everyone:
No

12:19:57 From FBISD SEL Admin Team to Everyone:
no

12:20:00 From rroberts to Everyone:
no

12:20:00 From Melanie Anbarci to Everyone:
no

12:20:00 From Laura De La Rosa to Everyone:
No

12:20:00 From Tyenise Blackmon to Everyone:
Need dairy

12:20:00 From Kim Taylor to Everyone:
no

12:20:03 From Tiffany.ireland to Everyone:

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No
12:20:03 From Kara Ihedigbo to Everyone:
NO
12:20:09 From ladonna.green to Everyone:
No
12:20:13 From Fanni Rodriguez to Everyone:
no
12:20:23 From Tyenise Blackmon to Everyone:
No
12:20:56 From Tyenise Blackmon to Everyone:
Got it
12:21:37 From Marie Jacinto, AVDA (Aid to Victims of Domestic Abuse) to Everyone:
yes
12:21:37 From FBISD SEL Admin Team to Everyone:
yes
12:21:38 From ladonna.green to Everyone:
Yes
12:21:39 From Grace to Everyone:
yes
12:21:41 From Angela Espinosa to Everyone:
yes
12:21:41 From Laura De La Rosa to Everyone:
yes
12:21:41 From andrea.beckert to Everyone:
YES
12:21:42 From rroberts to Everyone:
yes
12:21:44 From Rosylyn West (PE Marshall HS) to Everyone:
yes
12:21:46 From Kara Ihedigbo to Everyone:
yes
12:22:47 From Tyenise Blackmon to Everyone:
Wow...great learning experience
12:23:16 From Rosy Martínez to Everyone:
I agree! Thank you for all the great meal information!
12:31:59 From Jigisha Doshi to Everyone:
Thank you to everyone who already submitted their name and affiliation for attendance. I am still missing some people. Those who have not responded please share your name and affiliation in the chat !
12:32:22 From Matt Antignolo to Everyone:
Matt Antignolo - Child Nutrition
12:33:32 From 1 Nomita Bajwa PharmD to Everyone:
Nomita Bajwa-Community member (Wellness Geeks)
12:39:58 From 1 Nomita Bajwa PharmD to Everyone:
Wow, this is crazy! Thank you for all you do each day!
12:40:36 From Angela Espinosa to Everyone:
They are the best. I am thankful they have y'all taking such good care of them!
12:41:03 From andrea.beckert to Everyone:
Love our Burton nutrition staff!
12:41:16 From Steve Shiels to Everyone:
Love your heart Julia!
12:41:20 From Aneela Khan to Everyone:
Thank you so much for all you do!
12:41:21 From rroberts to Everyone:

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We are with you - thank you and your staff for all you do Julia!

12:41:53 From Allison Thummel, RD,LD to Everyone:
Thank you for an amazing presentation Julia!

12:41:54 From Angela Espinosa to Everyone:
Thank you Thank you Julia

12:42:00 From Kara Ihedigbo to Everyone:
Ooooh, bless you! Thank you for sharing your heart!

12:42:02 From 1 Nomita Bajwa PharmD to Everyone:
I think that is the least we can do is to write a note! They are lucky to have you as an advocate

12:42:08 From Dr. Brett Lemley to Everyone:
Great job Julia!

12:42:09 From Payal Pandit Talati to Everyone:
Great work Julia and to the entire Child Nutrition Team!

12:42:14 From Allison Thummel, RD,LD to Jenna Ross(Direct Message):
Did you want to ask your finance question?

12:42:31 From Stephanie Brown, PTO President to Everyone:
Thank you Julia. Appreciate the nutrition team! I love it!

12:42:38 From Jigisha Doshi to Everyone:
Thank you Julia and the entire Child Nutrition team

12:42:41 From Amber J Foster to Everyone:
This was amazing information. Continue with that grateful heart.

12:42:44 From Dana Jo Tran to Everyone:
Thank you Julia for letting us know the challenges you all face. We appreciate all of you.

12:42:49 From Jenna Ross to Allison Thummel, RD,LD(Direct Message):
Thanks, but I don't think now is the right time.

12:42:57 From Cathy Hunter to Everyone:
Thank you! This was a great presentation and very informative!

How are these challenges being communicated to parents?

12:43:03 From Andreas Berghoefer to Everyone:
Thank you Julia! It is great to learn about the mountain of work that's been moved every day to feed our kids!

12:43:05 From Jenna Ross to Allison Thummel, RD,LD(Direct Message):
Julia did AMAZING!

12:43:14 From FBISD SEL Admin Team to Everyone:
Huge thank you to you and your team!

12:43:33 From Jenna Ross to Allison Thummel, RD,LD(Direct Message):
Thank you!

12:44:20 From 1 Nomita Bajwa PharmD to Everyone:
Melanie~ could we send a group thank you to each employee from SHAC?

12:46:10 From Melanie Anbarci to Everyone:
I love this idea!

12:46:38 From Sandy Bristow to Everyone:
Thank you and all the cafeteria workers. Very informative.

12:46:58 From Melanie Anbarci to Everyone:
I'd like to ask our Liaisons to please consider making this request at your campuses as well through whatever channels you have access to

12:47:39 From andrea.beckert to Everyone:
I would having a flyer to share with parents on campus

12:48:57 From Aneela Khan to Everyone:
Just thinking out loud: is it possible to have your section on skyward?

12:49:21 From Allison Thummel, RD,LD to Everyone:
That's part of the reason that SHAC brought the Child Nutrition Dept presentation to the meeting. This is a way we can disseminate the information out to our schools!

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12:49:40 From andrea.beckert to Everyone:

Great flyer can it be shared in chat?

12:50:00 From Aneela Khan to Everyone:

Most parents follow skyward

12:50:58 From laney rivera 7th to Everyone:

FBISD Communications will support! I'll touch base with Brianna

12:53:05 From Briana Garcia to Everyone:

Thank you kindly for all the support! 😊

12:53:33 From Melanie Anbarci to Everyone:

SHAC is here for you! We will do whatever we can to help :)

12:56:33 From Jenna Ross to Everyone:

Would it be possible for CND to share with liaisons information on what's served on their campus, such as the number of meals in an average week (if asked by the campus liaison). I think parents at campuses see a lot of flyers, and if we can add some campus level individualized information (even if it's just shared along with the flyer in a whatsapp group) will help the information in the flyers reach and be processed by the parents.

13:02:31 From Grayle James to Everyone:

Grayle James, community member

13:04:01 From 1 Nomita Bajwa PharmD to Everyone:

Lori-Did u mention what the health Ed is? Is it just curriculum or extra?

13:05:23 From Julia Jarrell to Everyone:

I motion to approve

13:05:29 From Jigisha Doshi to Everyone:

I second

13:05:29 From FBISD SEL Admin Team to Everyone:

I second

13:05:49 From Melanie Anbarci to Everyone:

Approve

13:05:50 From Allison Thummel, RD,LD to Everyone:

approve.

13:05:50 From Jenna Ross to Everyone:

Approve

13:05:51 From Dana Jo Tran to Everyone:

approve

13:05:51 From Pearl Lam to Everyone:

approve

13:05:52 From FBISD SEL Admin Team to Everyone:

Approve

13:05:52 From Julia Jarrell to Everyone:

Approve

13:05:54 From Ami Dharia's iPhone to Everyone:

Approve

13:05:54 From Sandy Bristow to Everyone:

Approve

13:05:56 From andrea.beckert to Everyone:

approve

13:05:58 From ladonna.green to Everyone:

Approve

13:05:59 From Grayle James to Everyone:

Approve

13:06:00 From Kristen Damborsky to Everyone:

approve

13:06:00 From Stephanie Kellam to Everyone:

Approve

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- 13:06:01 From Briana Garcia to Everyone:
Approve
- 13:06:04 From Desiree Collins Bradley to Everyone:
approve
- 13:06:10 From danielle.charles to Everyone:
approve
- 13:06:11 From Tyenise Blackmon to Everyone:
Approve
- 13:06:15 From Julia Jarrell to Everyone:
Approve
- 13:06:17 From Jigisha Doshi to Everyone:
approve
- 13:06:23 From rroberts to Everyone:
approve
- 13:07:10 From Ralena Glover to Everyone:
Ralena Glover - TMHS PTO
- 13:07:15 From danielle.charles to Everyone:
Sorry, have to log off. Thanks, everyone.
- 13:11:30 From Tami Alumbaugh Stout to Everyone:
Tami Stout, parent
- 13:11:55 From Stephanie Kellam to Everyone:
I don't see the breakout room...
- 13:29:28 From Kara Ihedigbo to Everyone:
But if there is PE everyday, they may interpret it as, health education is being taught everyday, even if the kids don't get it everyday
- 13:31:34 From andrea.beckert to Everyone:
yes perhaps one school's wellness committee could meet with another to help
- 13:32:14 From Stephanie Kellam to Everyone:
yes - it would be nice to spotlight some of the schools that are gold
- 13:32:17 From Stephanie Kellam to Everyone:
and share best practices
- 13:32:27 From Stephanie Kellam to Everyone:
I bet other schools would be interested in learning what others are doing
- 13:32:45 From andrea.beckert to Everyone:
Great Desiree! We can collaborate on an event!
- 13:33:45 From Desiree Collins Bradley to Everyone:
Absolutely! Lets connect to get some PTO wellness activities going
- 13:40:30 From Melanie Anbarci to Everyone:
This is a great tool for those interested in taking steps toward getting involved:
<https://www.actionforhealthykids.org/parents-for-healthy-kids/>
- 13:40:38 From Grayle James to Everyone:
Love this idea!! Thanks Tyneise!
- 13:41:07 From Julia Jarrell to Everyone:
Love the approach of celebration! Great input!
- 13:41:19 From andrea.beckert to Everyone:
Yes clarification! Thank you Tyneise! and Hi
- 13:41:45 From Stephanie Brown, PTO President to Everyone:
Great Tyenise!
- 13:41:50 From Tyenise Blackmon to Everyone:
No problem. Thanks for being receptive to the feedback.
- 13:42:11 From Tyenise Blackmon to Everyone:
Agreed
- 13:44:08 From Tyenise Blackmon to Everyone:

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Great idea Jamila

13:44:17 From Jenna Ross to Everyone:

Great idea!

13:44:34 From Tyenise Blackmon to Everyone:

You could possibly leverage the VHS to learn ideas of how to incorporate activities as well.

13:46:17 From Stephanie Kellam to Everyone:

PTA has the Healthy Lifestyle Chair: <https://www.txpta.org/healthy-lifestyles>

13:46:52 From Elsa Villarreal to Everyone:

Thanks Stephanie!

13:47:24 From Stephanie Kellam to Everyone:
They have a great resource book:

https://www.txpta.org/uploads/filemanager/Resource_Guides/Healthy%20Lifestyles%20Resource%20Guide%202021.pdf

13:49:05 From Jamila Rogers to Everyone:

Thank you for sharing the links!!

13:53:06 From Allison Thummel, RD,LD to Everyone:

We're glad you're with us, Angie!

13:54:28 From Stephanie Kellam to Everyone:

I can share more about the October Food Drive

13:58:23 From Melanie Anbarci to Everyone:

Wellness

Calendar:

<https://docs.google.com/presentation/d/1MN9RtNOT2bkbrkXdurvQJCBPxyzkQI0H/edit?usp=sharing&oid=109503239757383061706&rtpof=true&sd=true>

13:58:43 From andrea.beckert to Everyone:

where can find the webinars

13:58:58 From Stephanie Kellam to Everyone:

Andrea I can email them to you

13:59:08 From andrea.beckert to Everyone:

thank you!

13:59:38 From Stephanie Kellam to Everyone:

October 28th Webinar: <https://www.actionforhealthykids.org/event/nourished-food-access-healthy-eating-strategies-and-tools-for-families-caregivers/>

13:59:55 From Tyenise Blackmon to Everyone:

Bye!

13:59:58 From Grayle James to Everyone:

Thanks Melanie!!

13:59:58 From Angie Hanan to Everyone:

Thanks!

NEXT FBISD SHAC MEETING: October 13th, 12:00 pm-2:00 pm, Location: TBD